

# WHAT'S YOUR ACORN?

Take a minute now to think of a particular problem, situation or potential in your effort to repair the world, that, if you were able to solve it, or be with it in a different way, would really make a difference in your life or work. I want to encourage you to bring your acorns into your engagement with this course. If nothing comes to mind immediately, ask yourself:

What exactly is holding you back from making your big dent in the Universe?

What problem in the world most tugs at your soul?

What is sucking the life out of you so that you question if you can go on doing this work?

Sometimes answering these questions is easy. Other times all we know is that something isn't quite right, but we're not sure how to articulate it. A clue to what is holding you back might be the thing you vent about to your partner or cat every night when you come home from work, or the thing that you think about when you wake up in the middle of the night.

Please go ahead and write your top 2 or 3 issues, problems, concerns, or potentials down here: