

Big Dent Reflection Questions

What are your three most important values in life?

- 1.
- 2.
- 3.

What are three things you feel most grateful about in your life right now?

- 1.
- 2.
- 3.

Imagine you are on your deathbed. What are three things you have zero regrets about?

- 1.
- 2.
- 3.

What would you do if you found out you had 6 months left to live?

What would you do if you won the lottery?

Big Dent Reflection Questions

What suffering in our world do you feel most viscerally?

What opportunity to create something new in our world most inspires you?

What have you always wanted to do, but been afraid to attempt?

What one great thing would you dare to dream if you knew you could not fail?

Tune into your essence knowing and ask, "What wants to happen through me next?"