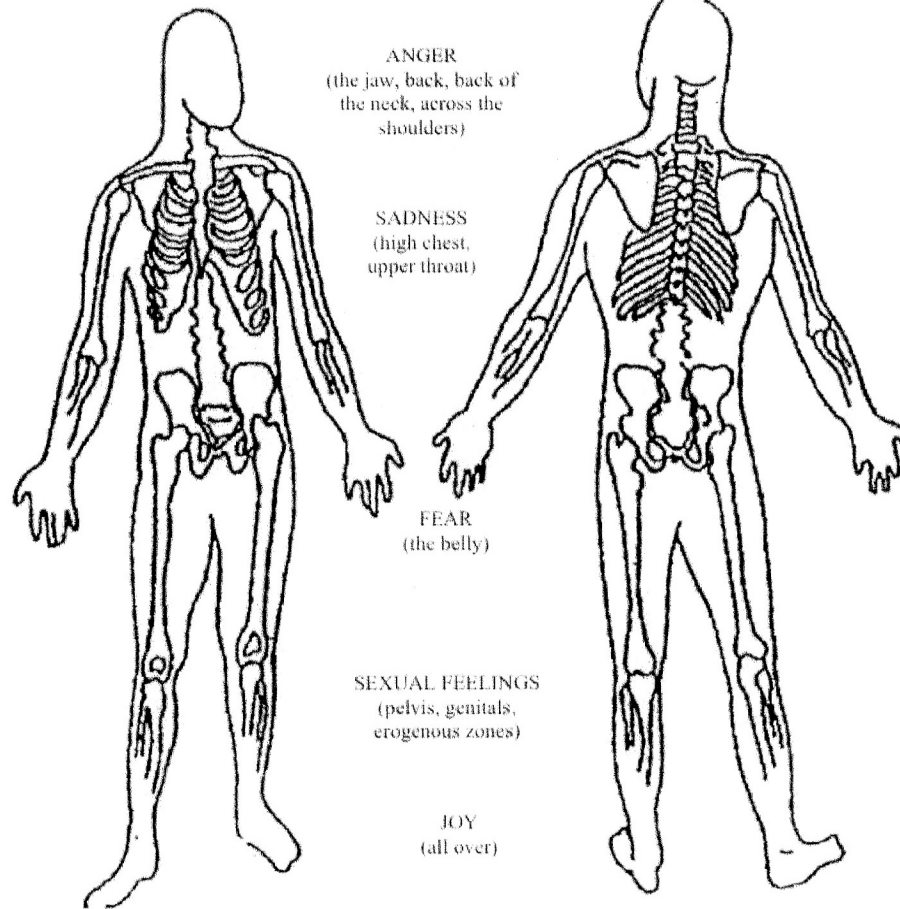


## A Partial List of Body Verbs/Sensations

Color the part of your body where you have sensations. Use the words to help you describe your sensations

tight  
constricted  
tickling  
tingling  
spreading  
flowing  
aching  
whirling  
clenched  
stretching  
hot  
poking  
foggy  
stinging  
pressing  
searing  
creaking  
pounding  
achy  
grating  
wiggling  
popping  
jarring  
pricking  
racy  
fluttering  
touch-tender  
buzzy  
fuzzy  
throbbing  
lengthening  
burning



dissolving  
crackling  
dancing  
twisting  
bubbling

hollow  
zinging  
narrowing  
piercing  
melting

glowing  
bunched  
cord-like  
compressed  
tightening  
twisted  
dense  
itching  
blocky  
pulling  
steely  
trembling  
heavy  
closed in  
fluttering  
pressing  
humming  
congested  
floating  
lumpy  
waving  
twinkling  
dragging  
knotting  
queasy  
held in  
butterflies  
zig-zaggy  
vibrating  
shortening  
gyrating  
pinching